## **Inland Empire Gymnastics Academy**

263 W. Orange Show Lane, San Bernardino, CA 92408 (909) 383-6655 • www.inlandempiregymnastics.com



September 21, 2019

To Whom it May Concern,

It is my privilege to write this letter of recommendation for Abigail (Abby) Willis. I have been fortunate to coach Abby for the last three years at Inland Empire Gymnastics Academy (IEGA). In all of my interactions with Abby she has shown to be a young adult of integrity, intelligence, and various talents.

In my 30 years of coaching and judging gymnastics, Abby is the hardest working student-athlete that I have had the utmost pleasure of coaching. In my 9 years at IEGA, I have seen Abby grow and mature to a most capable young adult. Abby leads by example. She is the foundation of our women's optional team. If she misses a practice because of school, she's quick to ask for a private lesson to make up for the lost time. After enduring several coaching changes in her first Level 9 season, Abby finished as USAG Level 9 State Vault Champion and USAG Level 9 Western Championships alternate.

While Abby is a good gymnast, she is phenomenal as a young lady. She presents herself as a well-rounded, level-headed, and caring individual, both in and out of the gym. In the gym, Abby is the constant cheerleader and source of reason to all her teammates. Out of the gym, her involvement with Best Buddies shows her ability to empathize with others. As the Chapter President, Abby directs her school's Best Buddies program, helping to build one-to-one friendships between students with and without intellectual and developmental disabilities. She has also developed other sensibilities by donating her free time to feeding the homeless and teaching young girls every summer at art camp.

I firmly believe that Abby will be a great asset to any college and collegiate gymnastics program. She has the drive and determination to be successful no matter if it is school, gymnastics, or life. She will bring with her a strong work ethic, a compassionate heart, and boundless intellect. I encourage you to give Abby strong consideration for admission. She will be an asset anywhere she attends.

Sincerely,

Robert Ito, Head Coach

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